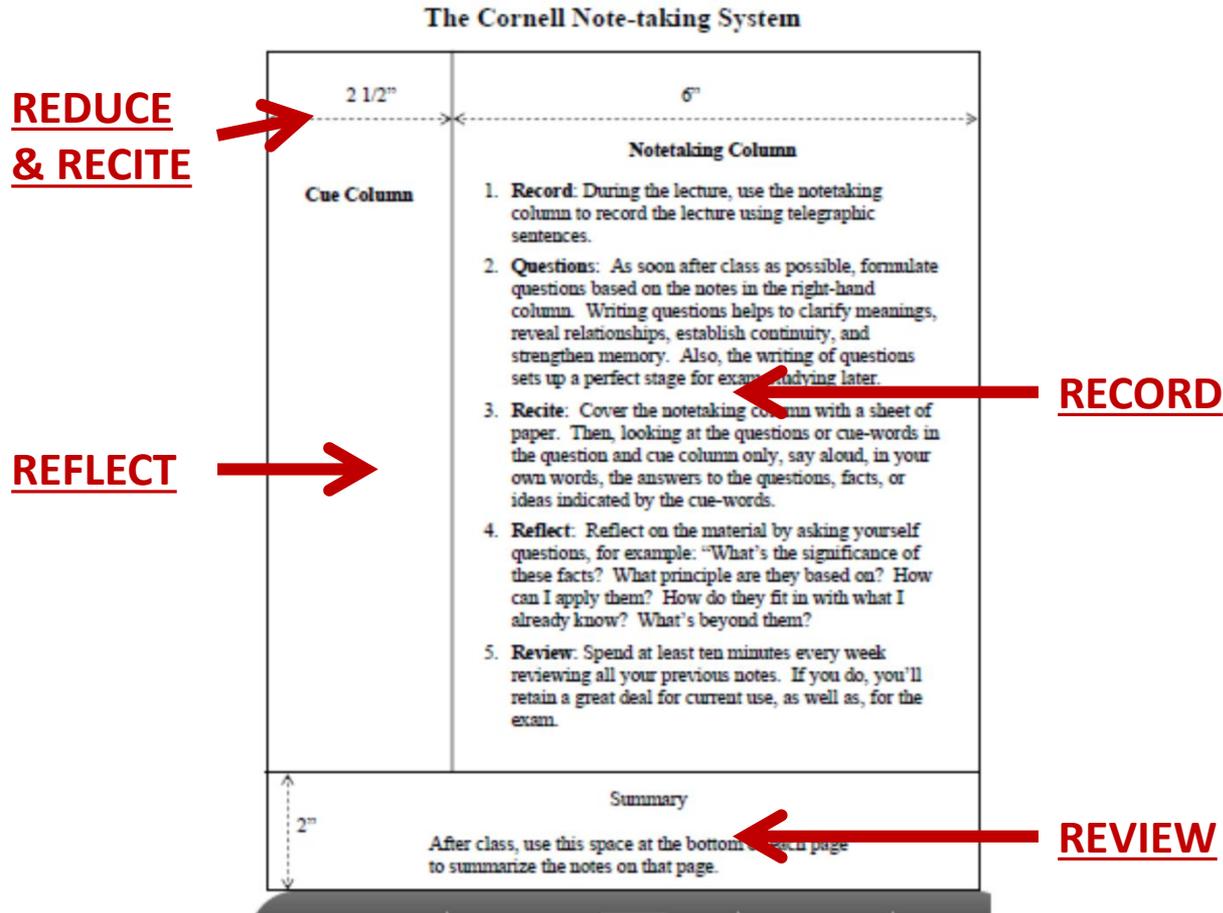


# Cornell Note-Taking Strategy

Known as the 5-R's



# RECORD

In the Note-taking Column, record as many meaningful facts and ideas as you can. Use telegraphic sentences. But, make sure you will be able to gain full meaning later. Write legibly.

# REDUCE

After class, summarize your notes by writing in single words and short phrases in the Cue Column.

Summarizing clarifies meanings, reveals relationships, establishes continuity, and strengthens memory. Also, this thinking and writing of cues sets up a perfect stage for studying for exams later.

# RECITE

Cover the Note-taking Column with a sheet of paper. Then, looking at the words and phrases in the Cue Column only, recite aloud and in your own words the full lecture.

# REFLECT

Professor Hans Bethe, nuclear physicist and Nobel Prizewinner, said, "...creativity comes only through reflection." You reflect by asking yourself the following questions, for example. What's the significance of these facts? What principle are they based on? How can I apply them? How do they fit in with what I already know? What's beyond them?

# REVIEW

Spend ten minutes every week reviewing your notes. If you do so, you'll retain a great deal for current use, as well as, for the exam, which comes later.

# Cornell's 5 R's

- **Record.** In the Notetaking Column, record as many meaningful facts and ideas as you can. Use telegraphic sentences but, make sure you will be able to gain full meaning later. Write legibly.
- **Reduce.** After class, summarize your notes by writing in single words and short phrases in the Cue Column. Summarizing clarifies meanings, reveals relationships, establishes continuity, and strengthens memory. Also, this thinking and writing of cues sets up a perfect stage for studying for exams later.
- **Recite.** Cover the Notetaking Column with a sheet of paper. Then, looking at the words and phrases in the Cue Column only, recite aloud and in your own words the full lecture.
- **Reflect.** Professor Hans Bethe, nuclear physicist and Nobel Prizewinner, said, "...creativity comes only through reflection." You reflect by asking yourself the following questions, for example. What's the significance of these facts? What principle are they based on? How can I apply them? How do they fit in with what I already know? What's beyond them?
- **Review.** Spend ten minutes every week reviewing your notes. If you do so, you'll retain a great deal for current use, as well as, for the exam, which comes later.